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Colon and Rectal Surgery
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NULYTELY PREPARATION

Date: _____ **Time:** _____

Location: _____

Preparation Instructions for Colonoscopy/Surgery

This prep is a prescription and will be sent to the pharmacy prior to your procedure.

Stop ALL Aspirin and Plavix 7 days prior and Coumadin 3 days prior to colonoscopy. Please check with your doctor who monitors these medications before stopping them.

If you are a diabetic patient: you are to have 1/3 of your daily insulin or other diabetic medicine the day before your colonoscopy. **NO** insulin or diabetic medicine the day of your colonoscopy.

Day prior to Colonoscopy/Surgery

Start a clear liquid diet. This means anything you can see through. Clear broths (**NO** noodles and meats), water, Jell-O, juices (**NO** pulp), Tea (**NO** milk), Popsicles, any clear Pop (7-up, Sprite, Vernors). Please **DO NOT** eat or drink anything that is Red, Blue, or Purple.

Drink **NULYTELY**: 8 ounces every 15 minutes starting at 3 pm. (One gallon should be finished by 7pm).

PLEASE DO NOT HAVE ANYTHING BY MOUTH AFTER MIDNIGHT.

Please arrive at the hospital 1 - 2 hours prior to you colonoscopy/surgery time. You MUST have a driver who will remain in the waiting room during your procedure. If you have any questions, please contact our office.

Last minute cancellations and no shows will be charged a \$45 fee. This must be paid prior to being rescheduled.