

Adewunmi Adeyemo, M.D.,F.A.C.S.

Colon and Rectal Surgery

3106 S Wayne Rd Wayne, MI 48184

3535 W 13 Mile Rd, Suite 301, Royal Oak, MI 48073

Phone 734-722-6300 Fax 734-722-4815

Discharge instructions for Rectal Surgery

High Fiber Diet

Citrucel: 2 tablespoons twice daily for 3 months

Sitz Baths: twice daily

For Pain Control (Prescription needed)

Motrin 800mg 1 tablet by mouth 3 times a day for 7 days

Cytotec 200mcg 1 tablet by mouth twice daily for 7 days

Norco 7.5mg 1 tablet my mouth for times a day for 7 days

****Use only if Motrin does not relieve pain****

Take prescriptions to your pharmacy to have filled to have after your surgery.

Packing will fall out, DO NOT REMOVE

Some bleeding with bowel movements is normal.

Call the office if you DO NOT have a bowel movement within 3 days.

You will need to return to the office in 2 weeks, please all the office to schedule a post-operative appointment.